

Available This Week at The Culinary Market

In Store Shopping

Monday- Friday 10- 6:00, Saturday 10-4 pm

Call 519-385-5232 to pre order for pick up or delivery

Soups

\$6.50 for 500ml or \$12.00 for 1 liter

Creamy Potato and Leek GF

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Spiced Black Bean GF, DF, Vegan

Salads

\$7.00 for small or \$14.00 for large

Roasted Sweet Potato and Quinoa on Spinach with Goats Cheese,
Candied Nuts and a Maple Balsamic Dressing GF

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Kale Caesar, Parmesan Cheese,
Crisp Bacon, Garlic Croutons and our Housemade Dressing

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Mediterranean Pasta Salad with Cheese Tortellini
with Creamy Pesto Dressing and Feta Cheese

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Irish Pub Salad

Emerald Greens, Crisp Veggies, Devilled Egg, Pickled Red Onion,
Smoked Cheddar Cheese and Green Goddess Dressing GF

Sandwiches, Bowls and Soup

Sandwiches served with a side crudite and house-made dip

NEW Hot To Go ! White Bean and Buffalo Chicken Chili
Served Warm Pretzel Bun and Herb and Garlic Butter
(Gluten Free without the Bun) \$8.50

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Oven Roasted Chicken
with Apple, Fig Jam and Brie Cheese on a Brioche Bun \$14.50

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Classic Egg Salad with Finely Diced Celery and Green Onion
in a Buttery Croissant \$14.50

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Pesto Marinated Roasted Chicken Breast on Quinoa and Greens
with Roasted Baby Potatoes, Grape Tomatoes, Pickled Red Onion,
Asparagus, Peas and Lemon Tahini Herb Dressing GF,DF \$17.00

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Vegan Roasted Sweet Potato and Cauliflower Bowl
with Green Onion, Quinoa, Corn, Cucumber, Pickled Vegetables
and a Thai Peanut Vinaigrette GF,DF,Vegan \$16.00

Entree's Ready to Heat and Serve

*** Available Monday @4pm (the remaining Tuesday-Saturday)

***Classic Ham and Scalloped Potatoes with Maple Mustard Glaze
and Vegetable Medley \$24.00

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***Oven Roasted Chicken Supreme on Colcannon Mashed Potatoes with a
Vegetable Medley and Onion Gravy \$24.00

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*** Honey Garlic Shrimp on Mushroom Fried Rice with Green Onion
and Sesame Broccoli GF DF \$24.00

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Grilled Bacon Wrapped Beef Tenderloin with Gorgonzola Cream Sauce,
Roasted Garlic Mashed Potatoes and Vegetable Medley GF \$26.00

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Corned Beef with Roasted Potatoes and Carrots,
Creamed Cabbage and Grainy Mustard GF \$24.00

Sweet Treats

Chocolate Stout Cupcakes with Baileys Frosting 2 pack \$6.00

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Whipped Mint Cheesecake with Chocolate Ganache
and Graham Crumble GF \$8.00

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Cookies and Cream Pie with Salted Caramel Sauce \$8.00

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4 pack Chocolate Hazelnut Beignets \$6.00

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Tiramisu

Layers of cream, coffee and cake \$6.00

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6 pc Salted Caramel and Chocolate Chunk Cookies \$12.00

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Check out our social media for our weekly assorted baked goods!