

Available This Week at The Culinary Market

*Shopping in store, we have many different delicious items prepared for you to take home.
heat, serve and enjoy!*

Monday- Friday 10:00- 6:00, Saturday 9:00-4:00

Call 519-385-5232 to pre order for pick up or delivery.

Salads

\$7.50 for small or \$15.00 for large

Kale Caesar with Garlic Croutons, Crisp Bacon, Parmesan Cheese and our Housemade Dressing

*

Balsamic Roasted Mushroom Pasta Salad with Truffle and Parmesan

*

Summer Berry Salad with Mixed Greens, Goats Cheese, Candied Nuts and a Blueberry Balsamic Dressing GF

*

BLT Pasta Salad with Creamy Ranch Dressing

*

Ultimate Potato Salad GF

*

Caprese Salad with a Pesto Vinaigrette GF

Soups

Assorted Frozen GF

\$7.00 small \$14.00 large

Signature Dips

Hot Cheesy Crab Dip \$16.00

Hot Beef Taco Dip GF \$18.00

Roasted Garlic Hummus GF,DF,Vegan \$10.00

Tzatziki GF \$10.00

Harrissa Baba Ganoush GF DF, Vegan \$10.00

Small Snacks

Devilled Eggs 6pc \$12.00

*

Cheese, Grapes and Cracker Box \$12.00

*

LBD Party Olives \$15.00

*

Yogurt and Granola Parfaits \$8.00

*

Hummus and Veggies Box \$10.

Sandwiches and Bowls

*Sandwiches served with a side crudite and house-made dip
For Sandwiches made on a Gluten Free Bun, **Call to Order in advance***

Oven Roasted Chicken Sandwich
with Apple, Fig Jam and Brie Cheese on a Brioche Bun \$16.00

*

Summer Berry & Roasted Chicken Bowl On Mixed Greens with Quinoa, Goats Cheese, Candied Nuts
and a Blueberry Balsamic Vinaigrette GF \$18.00

*

Green Onion and Ginger Crab Salad in a Buttery Croissant, Topped with Fresh Sprouts \$15.00

*

Ham and Havarti Sandwich on a Crusty Onion Bun
with a Maple Mustard Aioli, Vidalia Onion and Lettuce served with a Delicious Side of Pickles \$15.00

*

Roasted Sweet Potato, Quinoa and Moroccan Chickpea Vegan Bowl
with Tahini Maple Dressing, Pickled Red Onion, Pepitas and Dried Cranberries GF,DF,Vegan \$16.00

*

Miso and Honey Glazed Salmon Bowl
Quinoa, Edamame, Pickled Red Onion, Cucumber, Avocado, Tahini Sesame Dressing GF DF \$18.00

Entree's Ready to Heat and Serve

***** Available Monday @4pm the remaining Tuesday afternoon*

****Korean Beef on Green Onion and Garlic Shanghai Noodles, Sautéed Greens and Gochujang Aioli DF \$24.00

*

****Bacon Wrapped Beef Tenderloin with Bearnaise Sauce on Roasted Garlic Mashed Potatoes and Vegetable Medley GF
\$26.00

*

****Chicken Schnitzel with a Creamy Mushroom Sauce on Wild Rice Pilaf with Vegetable Medley \$24.00

*

Honey Garlic Glazed Pork Tenderloin on Jasmine Rice with Sautéed Vegetables GF DF \$24.00

*

Pesto Chicken with Goats Cheese Mashed Potatoes and Peach Chutney and Roasted Vegetables GF \$24.00

*

Roasted Veggie Pizza on a Gluten Free Cauliflower Crust with Pesto and Goats Cheese GF \$22.00

Sweets

Whipped Lemon Cheesecake with Strawberry Rhubarb Compote and Graham
Crumble GF \$8.00

*

Chocolate Cupcakes with Vanilla Frosting GF \$7.00

*

Trail Buddies GF \$4.00

*

Peanut Butter and Brownie Cheesecake with Chocolate Sauce GF \$8.00

*

Turtles Cheesecake with Salted Caramel Sauce GF \$7.00

*

4 pack Chocolate Hazelnut Beignets \$6.00

*

6 Assorted Macarons \$12.00

*

Tiramisu

Layers of cream, coffee and cake \$6.00

*

6 pc Salted Caramel and Chocolate Chunk Cookies \$12.00

*

Brown Butter and Sea Salt Marshmallow Bar GF \$2.50

This Week's Featured Frozen Family Meals

Assorted Quiches

*

Vegetarian Lasagna

*

Cabbage Roll Casserole with Smoked Paprika Cream Sauce GF

*

Pierogi Casserole with Caramelized Onions, Bacon and Mushrooms with a
Chipotle Cream Sauce

*

Buffalo Chicken Casserole with Mashed Potatoes, Gravy, Cheese and Corn.

*

Beef and Cheese Lasagna

*

Cheesy Chicken and Rice Casserole with Roasted Broccoli GF

*

½ Smoked Chicken with Bacon Creamed Corn, Ultimate Potato Salad and Honey Cheddar Biscuits GF

Frozen Entrees Available

Chicken Parmesan with Pasta Marinara

*

Chicken Confit with Truffle Cream and Rice Pilaf GF

*

Mediterranean Chicken with Pesto Polenta GF

*

Beef and Cheese Lasagna

*

Beef Cottage Pie with Smoked Cheddar Mashed Potatoes GF

*

Buffalo Chicken Mac N Cheese

*

Crispy Shrimp with Jasmine Rice and Bang Bang Sauce

*

Beef Tenderloin with Béarnaise

*

Lamb Shepherd's Pie

*

Greek Style Chicken with Lemon Rice

*

Peppered Pork Tenderloin with jasmine Rice