

Available This Week at The Culinary Market

Shopping in store, we have many different delicious items prepared for you to take home. heat, serve and enjoy !

Monday- Friday 10:00- 6:00, Saturday 10:00-4:00 Call 519-385-5232 to pre order for pick up or delivery

Salads

\$7.50-\$10.00 for small or \$15.00-20.00 for large

Balsamic Roasted Mushroom Pasta Salad A creamy, indulgent blend of tender pasta, balsamic-roasted mushrooms, and a touch of truffle. Finished with shaved Parmesan cheese for a rich, savory flavor.

A customer favorite that's perfect for any occasion!

Fall Harvest Salad: Mixed greens with roasted sweet potatoes, hard-boiled egg, creamy goat cheese, dried cranberries, and pickled red onion, finished with a housemade maple tahini dressing. GF

Crisp kale served with our signature house-made Caesar dressing, topped with crunchy garlic croutons, smoky bacon, and freshly shaved Parmesan cheese. A bold twist on a classic favorite.

16 oz BLT Chicken Salad , Classic Egg Salad Creamy Crab Salad

Sandwiches and Bowls

Sandwiches served with a side crudite and house-made dip

*For Sandwiches made on a Gluten Free Bun, **Call to Order in Advance***

Oven Roasted Chicken Sandwich

with Apple, Fig Jam and Brie Cheese on a Brioche Bun \$17.50

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Tender Smoked Ham, Havarti Cheese Spanish Onion and a rich Caplansky's mustard aioli, all served on a crusty onion bun with a side of delicious pickles \$17.00

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Tender Moroccan-spiced chicken served over a bed of mixed greens and fluffy quinoa, topped with roasted sweet potatoes, pickled red onions, dried cranberries, and crunchy pumpkin seeds.

Finished with our housemade tahini maple dressing.GF | DF \$19.75

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Classic Egg Salad or Crab Salad in a Buttery Croissant with Fresh Sprouts \$17.00

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Vegan Veggie Bowl with Hummus, Roasted, Crisp and Pickled Veggies on Mixed Greens with Toasted Pumpkin Seeds GF| DF| Vegan \$18.00

Turkey & Cranberry Sandwich Roasted turkey layered with cranberry coulis, caramelized onion aioli, baby spinach, and creamy Havarti cheese on a sweet potato jalapeño bun. \$17.50

Entree's Ready to Heat and Serve

*** Available Monday @4pm the remaining Tuesday.

***Korean Beef on Shanghai Noodles.

Tender Korean-style beef with green onion and garlic, served over sautéed Shanghai noodles and finished with a drizzle of housemade gochujang aioli. DF \$26.00

***Garlic Shrimp Tortellini with Butternut Alfredo.

Cheese-filled tortellini coated in a velvety roasted butternut Alfredo sauce, folded with wilted spinach, topped with succulent garlic-sautéed shrimp, and finished with shaved Parmesan and a toasted pecan dust.
\$25.00

Chicken Parmesan Pasta.

Crispy parmesan-crust chicken served over pasta tossed in a rich house-made marinara, finished with garlic-sautéed broccolini and a swirl of sun-dried tomato pesto. \$25.00

Braised Beef Short Ribs.

Slow-braised beef short ribs, served over creamy herb mashed potatoes with a rich red wine demi-glacé and a medley of roasted seasonal vegetables. GF \$30.00

Signature Dips

Hot Cheesy Crab Dip \$17.00

Hot Beef Taco Dip GF \$18.00

Roasted Garlic Hummus GF|DF|Vegan \$10.00

Dill Pickle Hummus GF|DF|Vegan \$10.00

Soup

Creamy Wild Mushroom Soup GF

Tomato Basil Soup GF

Sausage and Cheese Tortellini Soup
(available Wednesday)

Appetizers

Dilly Devilled Eggs GF DF \$12.00

8 pc Veggie Dumplings with Dipping Sauce \$14.00

8pc Truffle Mac n Cheese Bites with Hot Honey Drizzle \$21.00

Sweets

Chocolate Ganache Tart with Peppermint Cookie
Crumble Crust \$10.00

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Chocolate and Peanut Butter Brownie Cake GF \$9.00

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Gluten Free and Vegan Frosted Brownies GF \$12.00

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Turtles Cheesecake with Salted Caramel Sauce GF \$7.50

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4 pack Chocolate Hazelnut Beignets \$6.00

Molten Chocolate Cake \$10.00

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6 Assorted Macarons \$12.00

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Tiramisu

Layers of cream, coffee and cake \$6.00

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6 pc Salted Caramel and Chocolate Chunk Cookies
\$12.00

This Week's Featured Frozen Family Meals

Assorted Quiches and Torta GF

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Cheesy Broccoli and Chicken Rice GF

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Beef and Cheese Lasagna

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Beef Cottage Pie

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Mac N Cheese

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1/2 Roasted Chicken Dinner GF

Frozen Entrees

Beef Tenderloin with Béarnaise Sauce and Garlic Mashed Potatoes

Mac n cheese

Pork Chop with Wild rice pilaf and creamy mushroom Sauce

Chicken supreme with creamy mushroom Sauce

Cheese Tortellini with Butternut Alfredo Sauce

Braised Beef Short Ribs with Herb Mashed Potatoes

Frozen Gluten Free Pizzas

Prosciutto, Pear, Caramelized Onion GF

Butter chicken Pizza GF