

Available This Week at The Culinary Market

In Store Shopping

Tuesday - Friday 10- 6:00, Saturday: closed for private event

Call 519-385-5232 to pre order for pick up or delivery

Soups

\$5.50 for 500ml or \$11.00 for 1 liter

Curried Coconut Carrot GF,DF,Vegan

*

Creamy Ham and Pea GF

Salads

\$6.50 for small or \$13.00 for large

Kale Caesar with our House-made Dressing, Garlic Croutons, Crisp Bacon
and Parmesan Cheese

*

Summer Berry Salad

with Goats Cheese, Candied Nuts and a Housemade Vinaigrette GF

*

Chickpea and Quinoa Salad with Thai Peanut Dressing, Crisp Veggies,
Cilantro and Lime GF,DF,Vegan

*

Mediterranean Pasta Salad with Creamy Pesto, Artichoke Hearts,
Feta Cheese and Olives

Sandwiches & Bowls

Sandwiches served with a side crudite and house-made dip

Oven Roasted Chicken Sandwich
with Roasted Apples, Fig Jam and Brie Cheese

\$14.50

*

Falafel and Hummus Bowl with Greek Salad and Olives GF,DF,Vegan

\$14.50

*

Grilled Chicken Breast on Mixed Greens with Berries, Goats Cheese,
Candied Nuts and a House-made Vinaigrette GF

\$15.00

*

Smoked Salmon with Pickled Red Onion, Dill Caper Cream Cheese
Gluten Free Crostinis, Sliced Cucumber and Microgreens GF

\$15.00

*

Classic Egg Salad

in a Buttery Croissant,with Finely Dice Celery and Green Onion

\$14.50

*

Montreal Smoked Meat Sandwich
with Dill Mayo, Pickles and Gruyere Cheese

\$14.50

Entree's Ready to Heat and Serve

*** Available Monday - Saturday (the remaining tuesday - saturday)

*** Lobster Ravioli with Creamy Corn Sauce and Sauteed Zucchini

\$24.00

*

*** Grilled Bacon Wrapped Beef Tenderloin with Roasted Garlic Mashed
Potatoes, Bearnaise Sauce and Vegetable Medley

\$25.00

*

*****Oven Roasted Chicken Supreme with Bruschetta Tomatoes, Creamy Polenta and Vegetable Medley**

\$24.00

*

Pork Tenderloin with Peach Chutney and Brie Cheese on Roasted Baby Potatoes and Vegetable Medley

\$24.00

*

Vegan Red Thai Curried Jack Fruit and Veggies on a Lentil and Rice Pilaf

\$22.00

*

Caramelized Onion and Pear Pizza with Gorgonzola Cheese, Prosciutto and Arugula on a Gluten Free Cauliflower Crust

\$20.00

Sweet Treats

Double Chocolate Cake GF \$6.00

*

Whipped Peanut Butter Cheesecake with Chocolate Ganache and Crumble

\$6.00

*

Chocolate and Hazelnut Beignets 4 for \$5.00

*

6 pack Assorted Macarons \$12.00

*

6 pack Chocolate Chip Cookies \$12.00

*

Tiramisu with Layers of Cream, Cake and Coffee \$6.00

*

New York Style Mini Cheesecake with Raspberry Sauce \$5.00