

# Available This Week at The Culinary Market

*Shopping in store, we have many different delicious items prepared for you to take home.  
heat, serve and enjoy!*

*Monday- Friday 10:00- 6:00, Saturday 9:00-4:00*

*Call 519-385-5232 to pre order for pick up or delivery.*

## Salads

*\$7.50 for small or \$15.00 for large*

Kale Caesar with Garlic Croutons, Crisp Bacon, Parmesan Cheese and our Housemade Dressing

\*

Balsamic Roasted Mushroom Pasta Salad with Truffle and Parmesan

\*

Spring Green Salad with Peas,

Asparagus, Radish and a Green Goddess Dressing GF

\*

Veggie Curry Noodle Salad DF GF

\*

Caprese Salad with Asparagus and a Pesto Vinaigrette GF

\*

Creamy Broccoli Salad GF DF

## Soups

Vegan Lentil and Mushroom Bolognese GF

DF Vegan

*\$7.00 small \$14.00 large*

Creamy Asparagus and Dill GF

*\$7.00 small \$14.00 large*

## Signature Dips

Hot Cheesy Crab Dip \$16.00

Hot Beef Taco Dip GF \$18.00

Roasted Garlic Hummus GF,DF,Vegan \$10.00

Tzatziki GF \$10.00

Harrissa Baba Ganoush GF DF, Vegan \$10.00

## Small Snacks

Devilled Eggs 6pc \$12.00

\*

Cheese, Grapes and Cracker Box \$12.00

\*

LBD Party Olives \$15.00

\*

Yogurt and Granola Parfaits \$8.00

\*

Hummus and Veggies Box \$10.00

## **Sandwiches and Bowls**

*Sandwiches served with a side crudite and house-made dip*  
*For Sandwiches made on a Gluten Free Bun, **Call to Order in advance***

Oven Roasted Chicken Sandwich  
with Apple, Fig Jam and Brie Cheese on a Brioche Bun \$16.00

\*

Cajun Chicken Bowl with Avocado Ranch  
Smoked Cheddar, Greens, Tomato, Bacon and a Pickled Egg GF \$18.00

\*

Green Onion and Ginger Crab Salad in a Buttery Croissant, Topped with Fresh Sprouts \$15.00

\*

Ham and Havarti Sandwich on a Crusty Onion Bun  
with a Maple Mustard Aioli, Vidalia Onion and Lettuce served with a Delicious Side of Pickles \$15.00

\*

Roasted Sweet Potato, Quinoa and Moroccan Chickpea Vegan Bowl  
with Tahini Maple Dressing, Pickled Red Onion, Roasted Pepitas and Dried Cranberries GF,DF,Vegan  
\$16.00

## **Entree's Ready to Heat and Serve**

*\*\*\*\* Available Monday @4pm the remaining Tuesday afternoon*

\*\*\*\* Braised Beef and Mushroom Stroganoff on Herb Egg Noodles and Roasted Asparagus \$24.00

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\*\*\*\* Korean Beef on Green Onion and Garlic Shanghai Noodles with Sautéed Greens and Gochujang Aioli DF \$24.00

\*

\*\*\* Maple Mustard Glazed Ham and Scalloped Potatoes with Vegetable Medley \$24.00

\*

\*\*\*\* Herb Roasted Chicken on Goats Cheese and Basil Mashed Potatoes with Peach Chutney and Vegetable Medley GF  
\$24.00

\*

Veggie Stuffed Cod with Béarnaise Sauce on Wild Rice Pilaf and Roasted Asparagus GF \$24.00

\*

Lamb Shepherd's Pie GF \$25.00

\*

Rhubarb and Goats Cheese Pizza with Toasted Walnuts, Arugula and Honey Drizzle GF \$22.00

## Sweets

Rhubarb Custard Pies \$8.00

\*

Whipped Lemon Cheesecake with Strawberry Rhubarb Compote and Graham  
Crumble GF \$8.00

\*

Sweet Cicely (Anise) Creme Brulee \$6.00

\*

Chocolate Cupcakes with Vanilla Frosting GF \$7.00

\*

Butterscotch Blondies GF \$4.00

\*

Peanut Butter and Brownie Cheesecake with Chocolate Sauce GF \$8.00

\*

Turtles Cheesecake with Salted Caramel Sauce GF \$7.00

\*

4 pack Chocolate Hazelnut Beignets \$6.00

\*

6 Assorted Macarons \$12.00

\*

Tiramisu

Layers of cream, coffee and cake \$6.00

\*

6 pc Salted Caramel and Chocolate Chunk Cookies \$12.00

\*

Brown Butter and Sea Salt Marshmallow Bar GF \$2.50

## **This Week's Featured Frozen Family Meals**

Assorted Quiches

\*

Vegetarian Lasagna

\*

Creamy Pesto Cheese Tortellini with Chicken and Asparagus

\*

Cabbage Roll Casserole with Smoked Paprika Cream Sauce GF

\*

Pierogi Casserole with Caramelized Onions, Bacon and Mushrooms with a  
Chipotle Cream Sauce

\*

Buffalo Chicken Casserole with Mashed Potatoes, Gravy, Cheese and Corn.

\*

Beef and Cheese Lasagna

\*

Cheesy Chicken and Rice Casserole with Roasted Broccoli GF

## **Frozen Entrees Available**

Chicken Parmesan with Pasta Marinara

\*

Chicken Confit with Truffle Cream and Rice Pilaf GF

\*

Mediterranean Chicken with Pesto Polenta GF

\*

Beef and Cheese Lasagna

\*

Beef Cottage Pie with Smoked Cheddar Mashed Potatoes GF

\*

BBQ Glazed Ribs with Mac N Cheese GF

\*

Crispy Shrimp with Jasmine Rice and Bang Bang Sauce