

Available This Week at The Culinary Market

Shopping in store, we have many different delicious items prepared for you to take home. heat, serve and enjoy !

Monday- Friday 10:00- 6:00, Saturday 10:00-4:00 Call 519-385-5232 to pre order for pick up or delivery

Salads

\$7.50-\$10.00 for small or \$15.00-20.00 for large

Balsamic Roasted Mushroom Pasta Salad A creamy, indulgent blend of tender pasta, balsamic-roasted mushrooms, and a touch of truffle. Finished with shaved Parmesan cheese for a rich, savory flavor.

A customer favorite that's perfect for any occasion!

Winter Greens Salad.

Hearty winter greens with maple-roasted delicata squash, candied pecans, shaved red onion, goat cheese, and dried fruit. Served with our house-made cranberry vinaigrette.GF

Crisp kale served with our signature house-made Caesar dressing, topped with crunchy garlic croutons, smoky bacon, and freshly shaved Parmesan cheese. A bold twist on a classic favorite.

16 oz BLT Chicken Salad , Classic Egg Salad Creamy Crab Salad

Sandwiches and Bowls

Sandwiches served with a side crudite and house-made dip

*For Sandwiches made on a Gluten Free Bun, **Call to Order in Advance***

Oven Roasted Chicken Sandwich

with Apple, Fig Jam and Brie Cheese on a Brioche Bun \$17.50

*

Tender Smoked Ham, Havarti Cheese Spanish Onion and a rich Caplansky's mustard aioli, all served on a crusty onion bun with a side of delicious pickles \$17.00

*

Tender Moroccan-spiced chicken served over a bed of mixed greens and fluffy quinoa, topped with roasted sweet potatoes, pickled red onions, dried cranberries, and crunchy pumpkin seeds.

Finished with our housemade tahini maple dressing.GF | DF \$19.75

*

Classic Egg Salad or Crab Salad in a Buttery Croissant with Fresh Sprouts \$17.00

*

Vegan Veggie Bowl with Hummus, Roasted, Crisp and Pickled Veggies on

Mixed Greens with Toasted Pumpkin Seeds GF| DF| Vegan \$18.00

Entree's Ready to Heat and Serve

**** Available Monday @4pm the remaining Tuesday.

****Bacon-Wrapped Beef Tenderloin.

Beef tenderloin wrapped in smoky bacon and served with herb mashed potatoes, rich Béarnaise sauce, and roasted seasonal vegetables. GF \$30.00

****Braised Beef & Wild Mushroom Stroganoff

Slow-braised beef and wild mushrooms in a rich, creamy stroganoff sauce, served over herb-butter egg noodles. \$28.00

Seabream with Brown Butter Spaghetti Squash

Crispy-seared seabream served over brown butter spaghetti squash and a silky parsnip purée. Finished with a bright lemon-parsley gremolata and served with roasted broccolini. GF \$26.00

Honey Piri Piri Chicken Thighs.

Juicy roasted chicken thighs glazed with a sweet and smoky honey piri piri sauce, served with cilantro-lime rice and roasted sweet potatoes. Finished with a bright pineapple-corn salsa

Signature Dips

Hot Cheesy Crab Dip \$17.00

Hot Beef Taco Dip GF \$18.00

Roasted Garlic Hummus GF|DF|Vegan \$10.00

Dill Pickle Hummus GF|DF|Vegan \$10.00

Soup

Creamy Wild Mushroom Soup GF

African Peanut Stew GF DF Vegan

Appetizers

Dilly Devilled Eggs GF DF \$12.00

8pc Truffle Mac n Cheese Bites with Hot Honey Drizzle \$21.00

Pesto Ricotta and Candied Tomato Parfait GF \$12.00

6 pc Mini Beef Wellingtons with Horseradish Cream \$30.00

Sweets

Chocolate Ganache Tart with Peppermint Cookie
Crumble Crust \$10.00

*

Chocolate and Peanut Butter Brownie Cake GF \$9.00

*

Gluten Free and Vegan Frosted Brownies GF \$12.00

*

Turtles Cheesecake with Salted Caramel Sauce GF \$7.50

*

4 pack Chocolate Hazelnut Beignets \$6.00

Molten Chocolate Cake \$10.00

*

6 Assorted Macarons \$12.00

*

Tiramisu

Layers of cream, coffee and cake \$6.00

*

6 pc Salted Caramel and Chocolate Chunk Cookies
\$12.00

This Week's Featured Frozen Family Meals

Assorted Quiches and Torta GF

*

Cheesy Broccoli and Chicken Rice GF

*

Beef and Cheese Lasagna

*

Beef Cottage Pie

*

Mac N Cheese

*

1/2 Roasted Chicken Dinner GF

Frozen Entrees

Braised Beef Short Ribs with Herb Mashed Potatoes

Crispy Perch with Black Bean Sauce

Vegetarian Lasagna

Frozen Gluten Free Pizzas

Prosciutto, Pear, Caramelized Onion GF

Butter chicken Pizza GF